

Special 5 Bar – Makes ~10 Bars



Ingredients:

- 2 Ripe bananas, mashed
- 2 cups Oats
- 1/3 cup Ground flaxseed
- 1/4 cup Honey
- 2 tbsp. Natural peanut butter
- Chocolate chips (optional)

Directions

1. Combine all ingredients in a medium sized bowl and stir until mixed.
2. Form into bar shape, or whatever shape you want, using plastic wrap.
3. Store in the fridge.
4. Enjoy 😊