

Strawberry Banana Power Smoothie – Serves 1

<https://www.eminencenutrition.com/strawberry-banana-power-smoothie>



Ingredients:

- 1 cup Orange juice
- 1 scoop Vanilla Protein Powder
- 1 Banana
- 4 Whole frozen strawberry pieces
- 2 cubes Frozen spinach
- ½ cup-1 cup Water – depending on consistency preference

Directions:

1. Place all ingredients in a blender and blend until smooth!
2. Enjoy 😊