

Egg Creation – 1 serving



Ingredients

- ½ tbsp. Coconut oil
- 1/3 cup Onions, chopped
- 1/3 cup Carrots, grated
- 1 cup Cabbage, chopped
- 3 Eggs
- 1-2 tbsp. Milk
- Maple Bacon seasoning (to taste)

Directions

1. Heat oil on medium heat, then add veggies and cook until desired tenderness.
2. Add Maple Bacon Seasoning.
3. While the veggies are cooking, put the eggs and milk in a small bowl and whisk until combined.
4. Once the veggies are done, add the eggs and scramble until eggs are fully cooked.
5. Enjoy! 😊