

## Sweetly Mashed Sweet Potatoes – Serves 6



### Ingredients:

- 6 medium Sweet potatoes
- 3 tbsp. Margarine/butter
- 1tsp. Cinnamon
- ½ tsp. Nutmeg

### Directions

1. Preheat oven to 400F.
2. Cut the ends off each sweet potato and place them on a baking sheet
3. Bake potatoes for 45min-1hour. Check doneness by poking with fork. They should be tender and easily pierced by fork.
4. Remove from oven, and let cool slightly. Remove the skin and place potatoes in a pot.
5. Add the remaining ingredients and mash until smooth.
6. Enjoy! 😊