

Sugar Free Easter (Energy) Eggs



White Eggs

Ingredients:

- ½ cup Almond flour
- ½ cup Coconut flour
- ⅓ cup Oats
- ¼ cup Ground flax seed
- ½ cup Peanut butter
- ¼ cup Coconut oil
- 1 tsp. Vanilla extract
- 1-2 tbsp. Coconut flakes

Directions

1. Process all the ingredients except the coconut flakes in a food processor.
2. Roll ~2 tbsp. of the mixture into the shape of an egg.
3. Roll the eggs in the coconut flakes.

Chocolate Eggs

Ingredients:

- ½ cup Almond flour
- ½ cup Coconut flour
- ⅓ cup Oats
- ¼ cup Ground flax seed
- ½ cup Peanut butter
- ¼ cup Coconut oil
- 1 tsp. Vanilla extract
- 2 tbsp. Cocoa powder

Directions

1. Process all the ingredients in a food processor.
2. Roll ~2 tbsp. of the mixture into the shape of an egg.

Enjoy! 😊